RIVERMONT COLLEGIATE
MEAL MENU

GF = Gluten Free Option NP = No Pork/restricted diets only Veggie = Vegetarian Option

November 9-November 13

WEEKLY SALAD OPTION: Chef Salad- Turkey, Ham, Eggs, Cucumber, Tomato & House Made Ranch

Breakfast Daily will be Chef's Choice 7:15 to 7:45

Monday Nov 9	Tuesday Nov 10	Wednesday Nov 11	Thursday Nov 12	Rainbow Fridays Nov 13
Cheese Pizza or **Meat Pizza or** **Chicken Artichoke Pizza** **Veggies** **Fruit** **GF=GF Crust**	**Chicken Biryani with Vegetables** **Garlic Naan** **Fruit** **Veggie- Biryani Rice with Vegetables & Naan** **GF= GF Option**	**Sloppy Joes or** **Sloppy Chicken** **Tater Tots** **Corn** **Fruit** **Veggie= Veggie Quesadilla,** **Tots, Corn & Fruit** **GF= GF Bread**	**White Chicken Chili** **Cornbread Muffins** **Fruit** **Veggie= Vegetable Soup &** **Cornbread Muffins**	**Fish Taco Bowl-** **Rice, Fish, Edamame, Cabbage, Corn** **Spicy Sauce on the Side** **Fruit** **Veggie= Fish Less Bowl Available**
Everyday Options Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit	**Everyday Options** Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit	**Everyday Options** Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit	**Everyday Options** Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit	**Everyday Options** Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit
ES Snack: 100% Fruit Juice, Yogurt	**ES Snack: 1% Milk, Bananas**	**ES Snack: 1% Milk, Graham Crackers**	**ES Snack: 1% Milk, Banana Bread**	**ES Snack: 1% Milk, Cheese Cubes**

RIVERMONT COLLEGIATE MEAL MENU

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November 16 -November 20

WEEKLY SALAD OPTION: Asian Chop Salad- Cabbage, Peppers, Almonds, Edamame, Eggs, House Made Dressing

Breakfast Daily will be Chef's Choice 7:15 to 7:45

Monday Nov 16	Tuesday Nov 17	Wednesday Nov 18	Thursday Nov 19	Rainbow Fridays Nov 20
Spaghetti & Meatballs **Bruschetta** **Green Beans** **Veggie= No Meatball** **GF= GF Pasta/Bread**	**Pulled Chicken on Bun Or** **Pulled Pork on a Bun** **Tater Tots** **Peas** **Fruit** **Veggie= Veggie Burger** **GF= GF Bread**	**Chicken Nuggets** **Mashed Potatoes & Gravy** **Corn** **Fruit** **Veggie= Grilled Cheese Mashed Potatoes & Corn** **GF= Baked Chicken**	**Orange Chicken Fried Rice with Peas & Carrots** **Fruit** **Fortune Cookie** **Veggie= No Chicken**	**Cheese Pizza or** **Meat Pizza or** **Chicken Spinach Artichoke Pizza** **Corn** **Fruit**
Everyday Options Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit	**Everyday Options** Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit	**Everyday Options** Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit	**Everyday Options** Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit	**Everyday Options** Grilled & Chilled Chicken for Building Your Own Salad OR PB N J Sandwich or PB & Fruit
ES Snack: 1% Milk, Snack Apples & Peanut Butter	**ES Snack: 1% Milk, Hummus & Pretzels**	**ES Snack: 1% Milk, Graham Crackers**	**ES Snack: 100% Fruit Juice, String Cheese**	**ES Snack: 1% Milk, Grapes & Cheese Cubes**