



RIVERMONT COLLEGIATE
LUNCH MENU

GF=Gluten Free Option NP=No Pork restricted diets only Veggie=Vegetarian Option

April 20 thru April 24

Monday	Tuesday	Wednesday	Thursday	Friday
April 20	April 21	April 22	April 23	April 24
<p>Cheddar Bratwurst on a Bun Crispy Fries Loaded Baked Beans Fruit</p> <p>Veggie= Chop Chop Salad with Your Choice Of Dressing</p> <p>GF= Same as Main on GF Bun & Sides</p> <p>NP= All Beef Hot Dog On Bun</p> <p><u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides</p>	<p>Chicken Chippewa- Pan Seared Chicken Breast with Melted Muenster Cheese, Sauteed Mushrooms on the Side White & Wild Rice Steamed Veggies Fresh Fruit</p> <p>GF = Same as Main</p> <p>Veggie= Roasted Veggies with Melted Muenster & Sides</p> <p><u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides</p>	<p>Three Meat Italian Sandwich Ham, Salami, Mortadella & Cheese on Ciabatta Bread <small>Lettuce, Tomato & Onion on Salad Bar</small> Pasta Salad Kettle Chips Fruit</p> <p>NP= Smoked Turkey & Avocado on Toasted Ciabatta</p> <p>GF = Same as Main on GF Bread</p> <p>Veggie = Chef Tossed Garlic Salad</p> <p><u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides</p>	<p>Chicken Salad or Tuna Salad on Berry Wheat Bread Roasted Potatoes Cottage Cheese Fresh Fruit</p> <p>GF = Chicken or Tuna Salad Served over Mixed Greens with Chefs Garnish</p> <p>Veggie = Chopped Veggie Sandwich on Berry Wheat with Flavored Cream Cheese & Feta Cheese</p> <p><u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides</p>	<p>Garden Pizza (Sausage, Pepperoni, Mushroom, Green Pepper & Onion) Or Cheese Pizza Pasta Du Jour Veggies Fresh Fruit Chef's Treat</p> <p>GF = Same as Main on GF Crust</p> <p>Veggie = Loaded Veggie Pizza & Sides</p> <p>NP= Cheese or VO Pizza & Sides</p> <p><u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides</p>
<p>ES Snack: 1% Milk Applesauce</p>	<p>ES Snack: 1% Milk Orange Slices</p>	<p>ES Snack: 100% Fruit Juice Goldfish</p>	<p>ES Snack: 100% Fruit Juice and Cucumbers</p>	<p>ES Snack: 1% Milk Cereal</p>



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