



RIVERMONT COLLEGIATE LUNCH MENU

GF=Gluten Free Option

NP=No Pork restricted diets only

Veggie=Vegetarian Option

November 10 thru November 14

Monday	Tuesday	Wednesday	Thursday	Friday
November 10	November 11	November 12	November 13	November 14
Ham & Turkey W/Provolone Cheese Submarine Sandwich Crispy Fries Cottage Cheese Fresh Fruit NP= Oven Roasted Turkey with Provolone Cheese Sub Sandwich Veggie= Cheese Fries & Sides GF= Same as Main on GF Bread <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides	Red & White Pasta- Creamy Alfredo Pasta – Topped with Italian Sausage Marinara Sauteed Veggies Herb Garlic Rolls Fresh Fruit GF = Same as Main with GF Pasta NP & Veggie= Same as Main w/Loaded Veggie Marinara on Alfredo Pasta <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides	Walking Taco- Seasoned Beef, Lettuce & Cheese on Nacho Chips You Top it how You Like!!! Pico De Gallo, Sour Cream, Guacamole, Ripe Olives, Jalapenos, Hot & Mild Salsa Spanish Rice Refried Beans Fresh Fruit GF = Same as Main Veggie = SW Tortilla Salad with Chipotle Ranch <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides	Buttermilk Pancakes with Warm Syrup, Whipped Cream & Fresh Berries Crispy Hashbrowned Potatoes Sausage Links Fresh Fruit NP= Same as Main with Chicken Sausage GF = Same as Main with GF Pancakes Veggie = Same as Main No Meat <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides	Meat Lovers Pizza (Sausage, Pepperoni & Canadian Bacon) Or Cheese Pizza Pasta Du Jour Veggies Fresh Fruit Chef's Treat NP= Loaded Veggie or Cheese Pizza & Sides GF = Meat Lovers on GF Crust Veggie = Loaded Veggie Pizza & Sides <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides
ES Snack: 1% Milk Apples	ES Snack: 1% Milk Orange Slices	ES Snack: 100% Fruit Juice Goldfish	ES Snack: 100% Fruit Juice Cucumbers	ES Snack: 1% Milk Cereal

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