



RIVERMONT COLLEGIATE LUNCH MENU

GF=Gluten Free Option

NP=No Pork restricted diets only

Veggie=Vegetarian Option

October 27 thru October 31

Monday	Tuesday	Wednesday	Thursday	Friday
October 27	October 28	October 29	October 30	October 31
Sloppy Joes on a Bun (Beef) Crispy Corn Chips Cottage Cheese Fresh Fruit Veggie= Cucumber & Vine Ripe Tomato Sandwich with Herbed Cream Cheese on Berry Wheat Bread GF= Same as Main on GF Bun <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides	Italian Pasta Bake with Zesty Marinara (Sweet Italian Pork Sausage & Mozzarella) Garlic Bread Sauteed Veggies Fresh Fruit NP= Pasta Bake with Beef Marinara GF = Same as Main with GF Pasta Veggie= Chef Tossed Garlic Salad with Chef's Garnish & Sides <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides	Grilled Chicken Sandwich (Lettuce, Tomato & Avocado on the Side You Top it how you like) Loaded Mashed Potatoes Veggies Fresh Fruit GF = Grilled Chicken with Sauteed Veggies & Cheese Veggie = Garden Veggie Burger with Provolone Cheese & Sides <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides	Bell Pepper Meatballs (Beef) with Ginger Soy Sesame Sauce Served with Basmati Rice Fresh Veggies Fruit GF = Same as Main with GF Meatballs Veggie = Veggie Egg Rolls & Sides <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides	Happy Halloween!!!! Cauldron Fried Piranha Sandwich (Catfish) Werewolf Toes (Roasted Potatoes) Witches Teeth (Buttered Corn) Poison Apples (Fresh Fruit) Chef's Treat GF = Blackened Piranha (Catfish) Filet with Cursed Sides Veggie = Candied Jack O Lantern (Acorn Squash) <u>Everyday Options</u> Grilled & Chilled Chicken for Building Your Own Salad (No Sides) Or Cheese Sandwich with Sides Or Uncrustable with Sides
ES Snack: 1% Milk Apples	ES Snack: 1% Milk Orange Slices	ES Snack: 100% Fruit Juice Goldfish	ES Snack: 100% Fruit Juice Cucumbers	ES Snack: 1% Milk Cereal