



RIVERMONT COLLEGIATE
LUNCH MENU

GF=Gluten Free Option NP=No Pork restricted diets only Veggie=Vegetarian Option

April 15 thru April 19

Monday	Tuesday	Wednesday	Thursday	Friday
April 15	April 16	April 17	April 18	April 19
Country Chicken Sandwich (Southern Fried Chicken Breast with Pickle on a Bun) Sour Cream & Chive Mashed Potatoes Steamed Broccoli Fresh Fruit GF = Chop Chop Salad with Grilled Chicken Veggie = Veggie Chop Chop Salad	Beef Stroganoff Buttered Noodles Green Beans Warm Roll GF = Beef Stroganoff with GF Sauce & Rice Veggie = Mushroom Fromage with Garlic Crostini	Chicken Salad Sandwich or Ham Salad Sandwich or Egg Salad Sandwich Lettuce, Tomato & Onion on the Side Kettle Chips Cole Slaw Fresh Fruit GF = Same as Entrée on Gluten Free Bread Veggie = Cucumber Tomato Sandwich with Herb Cream Cheese & Feta Cheese	Black Angus Cheddar Burger with Bacon On the Side Crispy Fries Cottage Cheese Fresh Fruit GF = Bacon Cheddar Burger No Bun Veggie= Garden Veggie Burger with Sharp Cheddar	Spaghetti & Meatballs (Beef) Al dente Pasta with Zesty Marinara & Italian Meatballs Zucchini Provençale Cheese Bread Chef's Treat GF = GF Pasta with Zesty Marinara & Italian Sausage Veggie = Spaghetti with Zesty Marinara (No Meatballs)
ES Snack: 100% Fruit Juice Cheese & Crackers	ES Snack: 1% Milk Graham crackers	ES Snack: 100% Fruit Juice Peanut Butter Crackers	ES Snack: 100% Fruit Juice Cheerios	ES Snack: 1% Milk Apple Slices