



# RIVERMONT COLLEGIATE LUNCH MENU

GF=Gluten Free Option      NP=No Pork restricted diets only      Veggie=Vegetarian Option

**September 25 thru September 29**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
September 25	September 26	September 27	September 28	September 29
<p>Mushroom Cheeseburger (Mushrooms on the Side) Crispy Steak Fries Cole Slaw Fresh Fruit</p> <p>GF = No Bun Mushroom Cheeseburger</p> <p>Veggie = Mushroom Swiss Garden Veggie Burger</p> <p>NBO= Mushroom Turkey Burger (Mushrooms on the Side)</p>	<p>Chicken and Dumplings Mixed Veggies Fresh Fruit Baking Powder Biscuits</p> <p>GF = Classic Wedge Salad with Iceberg lettuce, Hard Cooked Egg, Crisp Bacon, Vine Ripe Tomato, Fresh Chives, Bleu Cheese Crumbles and Chefs Bleu Cheese Dressing</p> <p>Veggie = Loaded Veggie Iceberg Salad with Your Choice of Dressing</p>	<p>Loaded Baked Potato You choose 1 Topping or All of Them Homemade Cheese Sauce, Chili and Con Carne, Crispy Bacon, Steamed Broccoli, Sour Cream, Chives, Pico De Gallo, Hot &amp; Mild Salsas and Shredded Cheese Warm Rolls Fresh Fruit</p> <p>GF = No Cheese Sauce</p> <p>Veggie = No Meat</p> <p>NP= No Bacon</p>	<p>Beef Italian Meatball Sandwich with Melted Provolone Cheese Buttered Noodles Steamed Veggies Fresh Fruit</p> <p>GF = GF Meatballs with Zesty Red Sauce and GF Pasta</p> <p>Veggie= Build Your Own Salad + Sides</p>	<p>Crispy Fried Chicken with Orange Sauce on the Side Rice Pilaf Fresh Veggies Fruit Jello Chef's Treat</p> <p>GF = Pan Seared Chicken Rice Pilaf Fresh Veggies</p> <p>Veggie = Battered Cauliflower with Orange Sauce on the Side</p>

ES Snack: 1% Milk Cheese and Crackers	ES Snack: 100% Fruit Juice Cheez-Its	ES Snack: 100% Fruit Juice Cereal	ES Snack: 1% Milk Apples	ES Snack: 1% milk Sliced Bananas
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